SAUSD The Future Begins Here

NUTRITION SERVICES

MAY 2025

K-8 SCHOOL MENU

BREAKFAST INCLUDES ASSORTED: FRUIT, 100% FRUIT JUICE, GRAHAM CRACKERS (PAIRED WITH PARFAITS/CEREAL), & MILK
LUNCH INCLUDES ASSORTED: FRUIT, 100% FRUIT JUICE, VEGETABLES, & MILK

	MON	TUE	WED ALL ITEMS ARE PLANT-BASED ON WEDNESDAYS	THU	FRI
WEEK 2	APR 28 BREAKFAST Pan Dulce (Concha) Honey Cheerios, 1oz Yogurt Parfait LUNCH Corn Dog Bean & Cheese Pupusa SUPPER Mini Muffin Kit*	APR 29 BREAKFAST French Toast Bites Cinn. Toast Cereal Bar, 1oz Yogurt Parfait LUNCH Hot Dog Bean & Cheese Burrito SUPPER Ham & Cheese Sandwich*	APR 30 BREAKFAST Cinnamon Raisin Bagel Trix Cereal, 1oz Yogurt Parfait LUNCH Kickin' Sandwiches Strawberry PBJ Sandwich SUPPER PB&J Sandwich*	1 BREAKFAST Apple Cinnamon Bread Cocoa Puffs Cereal Bar, 1oz Yogurt Parfait LUNCH Nachos Galaxy Cheese Pizza SUPPER Turkey & Cheese Snack Kit*	2 BREAKFAST Breakfast Tamale Chocolate Chip Muffin Top Yogurt Parfait LUNCH Teriyaki Chicken & Rice Bowl Max Sticks SUPPER Pretzel Snack Kit*
WEEK 1	5 BREAKFAST Cosmic Confetti Waffle Honey Cheerios, 1oz Yogurt Parfait LUNCH Mac & Cheese Breaded Chicken Drumstick Dinner Roll SUPPER Mini Muffin Kit*	6 BREAKFAST Pancakes Bites Cinn. Toast Cereal Bar, 1oz Yogurt Parfait LUNCH Meatballs w/ Marinara & Garlic Breadstick Grilled Cheese Sandwich SUPPER Turkey & Cheese Sandwich*	7 BREAKFAST Blueberry Bagel Cocoa Puffs Cereal, 1oz Yogurt Parfait LUNCH Kickin' Nuggets w/ Corn Strawberry PBJ Sandwich SUPPER PB&J Sandwich*	8 BREAKFAST Banana Choc. Chip Bread Cocoa Puffs Cereal Bar, 1oz Yogurt Parfait LUNCH Crunchy Tacos Italian Pull-Aparts with Cheese SUPPER Tortilla Chips Kit*	9 BREAKFAST Breakfast Tamale Cinnamon Rolls Yogurt Parfait LUNCH Hamburger or Cheeseburger Galaxy Cheese Pizza SUPPER Pretzel Snack Kit*
WEEK 2	12 BREAKFAST Pan Dulce (Concha) Honey Cheerios, 1oz Yogurt Parfait LUNCH Corn Dog Bean & Cheese Pupusa SUPPER Mini Muffin Kit*	13 BREAKFAST French Toast Bites Cinn. Toast Cereal Bar, 1oz Yogurt Parfait LUNCH Hot Dog Bean & Cheese Burrito SUPPER Ham & Cheese Sandwich*	14 BREAKFAST Cinnamon Raisin Bagel Trix Cereal, 1oz Yogurt Parfait LUNCH Kickin' Sandwiches Strawberry PBJ Sandwich SUPPER PB&J Sandwich*	15 BREAKFAST Apple Cinnamon Bread Cocoa Puffs Cereal Bar, 1oz Yogurt Parfait LUNCH NEW Walking Taco Galaxy Cheese Pizza SUPPER Turkey & Cheese Snack Kit*	16 BREAKFAST Breakfast Tamale Chocolate Chip Muffin Top Yogurt Parfait LUNCH Teriyaki Chicken & Rice Bowl Max Sticks SUPPER Pretzel Snack Kit*
WEEK 1	19 BREAKFAST Cosmic Confetti Waffle Honey Cheerios, 1oz Yogurt Parfait LUNCH Mac & Cheese Breaded Chicken Drumstick Dinner Roll SUPPER Mini Muffin Kit*	20 BREAKFAST Pancakes Bites Cinn. Toast Cereal Bar, 1oz Yogurt Parfait LUNCH Meatballs w/ Marinara & Garlic Breadstick Grilled Cheese Sandwich SUPPER Turkey & Cheese Sandwich*	21 BREAKFAST Blueberry Bagel Cocoa Puffs Cereal, 1oz Yogurt Parfait LUNCH Kickin' Nuggets w/ Corn Strawberry PBJ Sandwich SUPPER PB&J Sandwich*	22 BREAKFAST Banana Choc. Chip Bread Cocoa Puffs Cereal Bar, 1oz Yogurt Parfait LUNCH Crunchy Tacos Italian Pull-Aparts with Cheese SUPPER Tortilla Chips Kit*	23 BREAKFAST Breakfast Tamale Cinnamon Rolls Yogurt Parfait LUNCH Hamburger or Cheeseburger Galaxy Cheese Pizza SUPPER Pretzel Snack Kit*
WEEK 2	26 MEMORIAL DAY NO SCHOOL 5/26	27 BREAKFAST Pan Dulce (Concha) Honey Cheerios, 1oz LUNCH Corn Dog Bean & Cheese Pupusa SUPPER Mini Muffin Kit*	28 BREAKFAST Cinnamon Raisin Bagel Trix Cereal, 1oz Yogurt Parfait LUNCH Kickin' Sandwiches Strawberry PBJ Sandwich SUPPER PB&J Sandwich*	29 BREAKFAST Apple Cinnamon Bread Cocoa Puffs Cereal Bar, 1oz Yogurt Parfait LUNCH Nachos Galaxy Cheese Pizza SUPPER Turkey & Cheese Snack Kit*	30 BREAKFAST Breakfast Tamale Chocolate Chip Muffin Top Yogurt Parfait LUNCH Teriyaki Chicken & Rice Bowl Max Sticks SUPPER Pretzel Snack Kit*

KEY:
=HOMEMADE ELEMENTS
=NEW
=GRAB & GO
=CONTAINS PORK

SAUSD SUPPORTS LOCAL CALIFORNIA FAMILY FARMS. SELECT DAYS WILL FEATURE FARM FRESH PRODUCE.

FARM SAUSD

Menu Updates

click here

scan here

*All cereals are Reduced Sugar: ≤6 grams

Menu is subject to change without notice. This institute is an equal opportunity provider.